



Self-Esteem Mega Makeover: How to supercharge your confidence, destroy self-doubt, boost happiness, and thrive in any social environment

Harvey Volson

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Want to feel more confident and boost your happiness?

What's the secret to achieving these **valuable social skills**? For starters, your beliefs have to be revamped, your thoughts reconfigured, and your actions refocused.

Other than health, the 2 most important things in life are happiness and confidence. The people that consistently achieve the most in life possess those 2 qualities.

In *Self-Esteem Mega Makeover*, you will discover tips, tricks, and techniques for:

- raising your level of happiness and feeling better about every aspect of your life
- removing self-doubt and feeling totally in control in any situation
- walking into any room with a calm, cool confidence that allows you to get what you want

Discover :: Secrets to building confidence

In these pages you will learn how the "Guest of Honor" method can be used to increase your level of confidence anywhere you go.

Why simply believing something can make you sick.

Would you like to learn more?

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