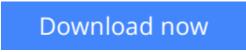


Ketogenic Diet for Weight Loss: A Beginners Guide to the Ketogenic Diet for Rapid, Effective Weight Loss. Complete with delicious recipes and a 15 day, ... meal plan! (Ketogenic Diet for Beginners)

Megan Lacey



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Complete With A 15-Day, Done-For-You Meal Full of Simple and Delicious Fat Burning Recipes!

I'm going to take you by the hand and show you exactly how to start burning fat NOW with the extremely effective Ketogenic diet.

If you follow the simple, yet counter-intuitive guidelines and principles in this guide, you WILL achieve that lean, flat and toned body you've always wanted!

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