

# Criminal Conduct and Substance Abuse Treatment: Strategies for Self-Improvement and Change - The Participant's Workbook

Kenneth W. (Wayne) Wanberg, Harvey B. Milkman

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The Participant's Workbook provides a general introduction to the aims and scope of the treatment program, and presents 12 modules. Throughout, the manual is designed to motivate clients to take responsibility for their actions, to change negative self-concepts, and to break patterns of substance abuse and criminal conduct.



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