



# Your Psychic Pathway to Joy: A Simple Guide for Living Lightly

*Sonia Choquette*

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## **Your Psychic Pathway to Joy: A Simple Guide for Living Lightly** Sonia Choquette

It can be difficult to make joy a priority when life is hectic and time is at a premium. But joy can be found in simple acts: adding a growing plant to a room, spending a few minutes in meditation, or choosing to make em-powering affirmations. In **Your Psychic Pathway to Joy**, renowned intuitive and spiritual healer Sonia Choquette offers her wisdom and teachings in a book perfect for anyone who needs a little guidance in discovering every-day bliss.

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