



From Bondage to Bonding: Escaping Codependency, Embracing Biblical Love (God's Design for the Family)

Nancy Groom

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In this thorough, nontechnical guide to assessment of and recovery from codependency, author Nancy Groom takes you beyond simply escaping codependency to helping you tackle the tough questions you'll face as you emerge from destructive relationships. Men and women who are dealing with grief, anger, and feelings of shame from codependency will learn how to bond to God.

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