



**The Book of Living in Contentment & Dying  
Serene Vol 1: To fill the void between reality and  
illusion, between certainty and uncertainty in our  
day to day lives..... (Volume 1)**

*Kumar Bhairav*

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# **The Book of Living in Contentment & Dying Serene Vol 1: To fill the void between reality and illusion, between certainty and uncertainty in our day to day lives..... (Volume 1)**

*Kumar Bhairav*

## **The Book of Living in Contentment & Dying Serene Vol 1: To fill the void between reality and illusion, between certainty and uncertainty in our day to day lives..... (Volume 1) Kumar Bhairav**

This book is for those who have wondered what we see when we move beyond conventional religion and glimpse it in the rear view mirror. Have you wondered what 'Enlightenment' feels like? What is the logical & very meaningful symbolism of the elephant headed god, Ganesh or the blue-hued Krishna? What is the real story hidden behind the stories of epics like Mahabharat and Ramayan? What is the value of a realized master, who apparently stays in one place and 'does' nothing? In this book, you will find answers to all these and much more. The language is down to earth and simple to understand. The idiom is modern and the focus is on clarifying misunderstandings about how the religion has to be lived in the modern world. There are no superstitions here, nor rituals or deification. Nothing mentioned here involves any complicated or esoteric practices. Yet, the book takes you to the spirituality shining at the core of one of the most ancient faiths in the world - the Sanatan Dharm or Eternal Religion, more popularly known as Hinduism. This book is highly recommended for the modern reader who wishes to learn about the essence of this ancient faith, in a manner which she or he can easily understand. The world falls into its proper spiritual perspective for those who truly internalise the learning here. They find contentment seeping into their lives and death lose its sting. This book is in two parts. This is Part 1. Each chapter is generally independent of other chapters and deals with one specific aspect of the faith. Readers can select the topics of interest to go through in any order they wish. Though based on a wise Master's experience, the learning does not belong to any particular order of faith. It is universal in content and in interest.

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