



The Graded Motor Imagery Handbook (8313)

G Lorimer Moseley, David S Butler, Timothy B Beames, Thomas J Giles

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Designed for both clinicians and pain sufferers, The Graded Motor Imagery (GMI) Handbook written by G. Lorimer Moseley, David S. Butler, Timothy B. Beames and Thomas J. Giles offers a novel three-stage synaptic exercise process for neuropathic pain using left/right discrimination, imagined movements and mirror therapy to explore the representation of body parts in our brains and how these may be affected by injury.

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