



Take Charge Of Your Life: Seven Steps for Reclaiming Your Personal Power

James A. Koehneke MA

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Take Charge of Your Life reminds us all that we need not wait around to see what comes our way, what the world has in store for us, or which way the economy will go. We are creators, with free choice, to use our gifts and talents in magnificent ways. This book identifies the seven steps to finding success in life that start by first taking full responsibility for what shows up (mentally, physically, emotionally), and becoming aware of how you are managing yourself and your life. Additional chapter steps take us through a process in which we discover deeper levels of our unique purpose in life, claim a new paradigm, identify our heartfelt commitments and intentions, and put together a plan. And as we take focused and smart action we find ourselves thoroughly smack dab in the middle of the game of life-- enjoying each moment by having taken charge of our lives and reclaimed our authentic personal power!

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