



Decoding Your Kink: Guide to Explore, Share and Enjoy Your Wildest Sexual Desires

Galen Fous MTP

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Highly acclaimed Decoding Your Kink - Guide to Explore Share and Enjoy Your Wildest Sexual Desires, gets rave reviews! "Visionary...Masterful...Groundbreaking...Cutting Edge...Worth its Weight in Diamonds ... Highly Recommended...A Must Read" These are some of the exclamations from prominent sex positive psychologists, therapists and Kink sex educators who offered pre-publication reviews of Decoding Your Kink. Decoding Your Kink, by leading Fetish Sex educator, researcher and sex-positive therapist Galen Fous MTP, offers ground-breaking psychological insight into the emerging global renaissance of sexual exploration, orientation and identity particularly in the realm of Kink. The book includes extensive guidelines to embrace one's authentic sexuality, decode an array of Kink fantasies, and access the ecstatic sexual depths inherent in anyone's wildest sexual desires. Techniques are offered to negotiate honestly for what one desires, create profound trust between partners, and begin to resolve old shame, trauma and fear about one's authentic sexuality. Decoding Your Kink provides easy to follow practices for individuals and partners to safely share their deepest intimacies. Once trust is built, partners may access mind shattering orgasmic states offered by conscious expression of their most taboo Kinky yearnings. Also included in the book are revealing and provocative analysis of people's kinkiest fantasies gleaned from over 2000 participants in the innovative Discover Your Personal Erotic Myth Survey. Fous developed this anonymous 40-question survey in support of his research into the nature of a recently visible sexual identity he defines as Fetishsexuality, aka Kink. "This book conveys what I have learned about Conscious Kink and D/s-BDSM sexuality over the last 15 years as a Fetish-positive therapist, researcher and public advocate for sex-positive values. It includes reporting and case studies from the 100's of singles and couples I've supported who desired to come to terms with old experiences of shame, fear and trauma, and understand how to embody their edgiest sexual fantasies. I share hard earned insights from my personal journey into the Kink lifestyle as well." Galen Fous MTP "Galen Fous is a visionary, providing a clear and courageous roadmap for anyone looking to undo the shackles of societally induced sexual shame and go on a journey to discover his or her own Personal Erotic Myth." - Dr. Michael Aaron, NYC sex therapist. "Galen Fous smooths the path and leads you through the predicaments, pleasures, enticements and outrageous glories of Kink. His genuine, unique voice is outstanding and heartwarming. A must read!" Limor Blockman, PhD, Clinical Sex Therapist, Playboy Radio Host, www.DrLimor.com "Nobody struggles more with the feeling that their erotic desires are 'wrong' or 'broken' than the man or woman who otherwise fits easily into mainstream culture - the heterosexual man and woman into dominance and submission and BDSM. 'Decoding Your Kink' is worth its weight in diamonds to such strugglers, offering them a sensible and nurturing path to self-knowledge, self-acceptance and the erotic intensity we all crave and too few ever obtain." - Janet W. Hardy, coauthor, *The Ethical Slut*, *The New Bottoming Book* and more "Galen Fous' unique insights on a subject much maligned and misunderstood is a primer for individuals interested in exploring the world of kink. It provides guidelines, case studies and personal experiences to assist the reader in shedding their shame and discovering their authentic sexuality." – Susana Mayer, Ph.D., Clinical Sexologist, theEroticliterarysalon.com

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