



Attachment and Interaction: From Bowlby to Current Clinical Theory and Practice

Mario Marrone

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Attachment and Interaction is an accessible introduction to the history and evolution of attachment theory, which traces the early roots of attachment theory from the work of its creator John Bowlby through to the most recent theoretical developments and their clinical applications. Mario Marrone explores how attachment theory can inform how therapists work with their patients, and what the practical implications are of using such an approach. By mixing personal anecdotes from his own experiences as Bowlby's supervisee with clear explanations of Bowlby's ideas and how they have evolved, Marrone creates a memorable and engaging account of attachment theory. This new, updated edition includes new material on bereavement, sexuality and the application of attachment-based principles to individual, family and group psychotherapy. This clear exposition of attachment theory is relevant and valuable reading for trainee and practising individual and group psychotherapists, family therapists and mental health professionals - as well as anyone with an interest in John Bowlby and the evolution of psychotherapy.

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