



# A Man, a Can, a Grill: 50 No-Sweat Meals You Can Fire Up Fast

*David Joachim, The Editors of Men's Health*

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A Man, a Can, a Grill by David Joachim and the Editors of Men's Health

Take a man. Add a can. Now throw in a grill. Sounds like a recipe for disaster, right? But with the geniuses who brought you *A Man, A Can, A Plan* are calling the shots, any guy can turn his culinary carnage into a killer meal.

- Photos of most ingredients, so shopping is a breeze
- Instructions for charcoal and propane grills alike
- Options for vegetarians
- Other useful facts about the ingredients and grilling techniques
- Whether the menu calls for beer-basted chicken or shish kebabs, Joachim's approach to barbecuing will lure even the most inexperienced cook to slap on an apron.

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