



Solution-Focused Groupwork (Brief Therapies series)

John Sharry

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Solution-Focused Groupwork, Second Edition is an innovative and highly practical guide for all professionals who use groups to help people. For those new to the approach it provides a clear, step-by-step introduction, while for more experienced practitioners it presents ideas and techniques which can be readily integrated into existing practice. In this fully updated revision, including a brand new chapter on Supervision, John Sharry examines the therapeutic factors that characterize solution-focused groupwork and contribute to its effectiveness. Using carefully selected case studies and examples, he takes the reader through the various stages in the therapeutic process, from getting started to the final session.

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