



After Tehran: A Life Reclaimed

Marina Nemat

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In the international bestseller *Prisoner of Tehran*, Marina Nemat chronicled her arrest, torture, and two-year imprisonment in Iran's notorious Evin prison at the age of sixteen. Yet her journey was far from over.

After Tehran is a moving account of Nemat's struggle to overcome her past and break the silence about her detainment. Following her escape from Iran, she builds a new life in Canada with her husband and infant son. But Nemat is haunted by survivor's guilt. She feels increasingly compelled to speak out about what happened to her in prison, even if it means revealing the painful secrets she'd much rather forget. As her riveting story eventually becomes a bestselling book, Nemat's life is forever changed. She gains the strength to confront her past, re-engage with her distant father, and emerge from the emotional ravages.

Her story is one of courage and recovery, an amazing tale of resilience written by a truly inspiring woman.

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Spent a free time to be fun activity to perform! A lot of people spent their sparetime with their family, or their very own friends. Usually they performing activity like watching television, about to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Can be reading a book is usually option to fill your no cost time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the guide untitled After Tehran: A Life Reclaimed can be very good book to read. May be it may be best activity to you.

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