



You Can't Ruin My Day: 52 Wake-Up Calls to Turn Any Situation Around

Allen Klein

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You Can't Ruin My Day contains 52 themes to help readers take back their power and not let other people or other situations ruin their day.

Each of these themes has three sections: Wake-Up Call (the potential day-ruiner); Follow-Up Exercise (practical steps to turn it around); and Lighten-Up Laugh (gaining a fresh perspective and moving right along).

Keep these tools in your arsenal of things to help you maneuver around roadblocks, setbacks, or upsets you might encounter on any given day.

Each of the 52 stories and wake-up calls in the book are amazing and inspiring. One couple lost almost all of their money to Bernie Madoff and his Ponzi scheme; instead of bitterness, they chose to learn from their mistake and move on. From getting a parking ticket to family squabbles to life-changers such as the loss of a job, Klein offers wisdom, good humor, and coping skills that improve the quality of life.

You Can't Ruin My Day is designed to help you unload the burdens you have been carrying around with you. The book is not only filled with wise words but also inspiring stories and anecdotes, insightful and motivational quotations, and lighthearted and laugh-producing material.

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