



Social Work in Mental Health: An Evidence-Based Approach

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An essential desk reference for all helping professionals

Social Work in Mental Health: An Evidence-Based Approach is a comprehensive and contemporary guide to the delivery of evidence-based care. Covering a wide spectrum of mental health disorders, editors Thyer and Wodarski have brought together noted experts to provide the most current, empirically supported techniques in the assessment, diagnosis, and treatment of disorders as classified by the DSM-IV-TR.

Coverage ranges from disorders seen in early infancy and childhood through the adolescent and adult years. Disorders covered include:

- * Autism
- * ADHD
- * Substance abuse
- * Schizophrenia
- * Mood disorders
- * Anxiety disorders
- * Eating disorders
- * Sexual disorders
- * Personality disorders
- * Mental Retardation

Written and organized in an accessible style, Social Work in Mental Health: An Evidence-Based Approach provides helping professionals with an engaging and easy-to-follow guide to learning how to deliver the most up-to-date mental health care. Examples of evidence-based interventions guide the reader through the process and provide insight into the philosophy as well as the scientific basis underlying each technique and intervention presented. Chapters begin with learning objectives that alert you to the main ideas covered and conclude with provocative study questions that are designed to test your understanding while providing an opportunity for review and reinforcement of the key concepts covered.

Ideal for all helping professionals--from those just starting out to the most seasoned clinician--this guide is a vital reference for anyone looking to stay abreast of contemporary techniques in the delivery of mental health services.

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