



Our Superheroes, Ourselves

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Superhero fans are everywhere, from the teeming halls of Comic Con to suburban movie theaters, from young children captivated by their first comic books to the die-hard collectors of vintage memorabilia. Why are so many people fascinated by superheroes?

In this thoughtful, engaging, and at times eye-opening volume, Robin Rosenberg--a writer and well-known authority on the psychology of superheroes--offers readers a wealth of insight into superheroes, drawing on the contributions of a top group of psychologists and other scholars. The book ranges widely and tackles many intriguing questions. How do comic characters and stories reflect human nature? Do super powers alone make a hero super? Are superhero stories good for us? Most contributors answer that final question in the affirmative. Psychologist Robert J. Sternberg, for instance, argues that we all can learn a lot from superheroes--and what we can learn most of all is the value of wisdom and an ethical stance toward life. On the other hand, restorative justice scholar Mikhail Lyubansky decries the fact that justice in the comic-book world is almost entirely punitive, noting extreme examples such as "Rorschach" in *The Watchmen* and the aptly named "The Punisher, who embrace a strict eye-for-an-eye sense of justice, delivered instantly and without mercy.

In the end, the appeal of Superman, Batman, Spiderman, and legions of others is simple and elemental. Superheroes provide drama, excitement, suspense, and romance and their stories showcase moral dilemmas, villains we love to hate, and protagonists who inspire us. Perhaps as important, their stories allow us to recapture periods of our childhood when our imaginations were cranked up to the maximum--when we really *believed* we could fly, or knock down the bad guy, or save the city from disaster.

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People live in this new day time of lifestyle always try and and must have the time or they will get wide range of stress from both day to day life and work. So , if we ask do people have spare time, we will say absolutely yes. People is human not only a robot. Then we request again, what kind of activity do you have when the spare time coming to you actually of course your answer can unlimited right. Then do you ever try this one, reading publications. It can be your alternative within spending your spare time, the particular book you have read is definitely Our Superheroes, Ourselves.

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